



## UNITED STATES DEPARTMENT OF LABOR

[https://www.osha.gov/Publications/influenza\\_pandemic.html#spread\\_between\\_people](https://www.osha.gov/Publications/influenza_pandemic.html#spread_between_people)

### **How Influenza Can Spread Between People**

Influenza is thought to be primarily spread through large droplets (droplet transmission) that directly contact the nose, mouth or eyes. These droplets are produced when infected people cough, sneeze or talk, sending the relatively large infectious droplets and very small sprays (aerosols) into the nearby air and into contact with other people. Large droplets can only travel a limited range; therefore, people should limit close contact (within 6 feet) with others when possible. To a lesser degree, human influenza is spread by touching objects contaminated with influenza viruses and then transferring the infected material from the hands to the nose, mouth or eyes. Influenza may also be spread by very small infectious particles (aerosols) traveling in the air. The contribution of each route of exposure to transmission is uncertain at this time and may vary based upon the characteristics of the influenza strain.

**WHEN EMPLOYEES ARE MAKING ANY FACILITY VISIT (HOMES, OFFICES, COMMERCIAL) FOLLOW THE FOLLOWING RULES:**

**ONLY TALK TO THE CALLER BETWEEN GLASS DOOR OR GLASS WINDOW.**

1. KEEP 5-6 FEET AWAY FROM CALLERS.
2. IF THE CALLER WANTS YOU TO WORK ON INSIDE FACILITY EQUIPMENT OR GIVE AN ESTIMATE, THEY MUST NOT BE WITHIN 6 FEET OF EMPLOYEE.
3. DO NOT LET THE CALLER WATCH OVER YOU WHILE YOUR ARE SERVICING OR INSTALLING. IF THEY DO **YOU MUST ASK** THEM TO LEAVE OR YOU LEAVE.
4. WEAR GLOVES, MASKS AND EYE PROTECTIVE WEAR PROVIDED INSIDE THE VEHICLES. ALWAYS DISINFECT YOURSELF WITH THE SANITIZER. WHICH IS INSIDE THE VEHICLES.
5. SPRAY BOTTLE WITH ALCOHOL/H2O MIXTURE IS INSIDE VEHICLE. SPRAY THE INSIDE OF THE VEHICLE, OUTSIDE DOOR KNOBS WHEN LEAVING EACH JOBSITE.
6. LET THE CALLER KNOW YOU ARE PRACTICING SAFE DISTANCING FOR THEIR PROTECTION.
7. ALWAYS CONTINUOUSLY WASH YOUR HANDS.
8. DO NOT TOUCH YOUR FACE WITH YOU HANDS. USE SANITIZER AND SPRAY THE VEHICLE WITH ALCHOL MIXTURE. THERE IS ALSO ANTISEPTIC WIPES IN EACH VEHICLE. BE SAFE THINK SAFE!!!

